

Sebastian Helling

Born 1975 in London, UK. Lives and works in Oslo.

Education

2009-2011 MA- Statens Kunstakademi, Oslo

2001-2003 MA- Royal College of Art, London

1997-2001 BA- London College of Printing, London

Upcoming

2015 Hooper Projects, 1704 Hooper Ave, LA, California

2015 NORDIC CONTEMPORARY, NC, Paris

2015 I atelieret til Munch, curated by Christian Tony Norum, Oslo

2015 Exhibition curated by Kristine Øksendal, Tønsberg

2015 Solo exhibition, Diorama, Oslo

2015/16 Group exhibition, curated by Henrik Placht, Nord Korea

Solo exhibitions

2014 Gi Labb!, Galleri Lab, Oslo

2013 Grande Days, Trafo Kunsthall, Asker

2012 When I was young, NoPlace, Oslo

2012 Machine Gun, Bukowskis, Stockholm

2012 Glad, Spriten Kunsthall, Skien

2011 Hurt Me, Galleri Christian Torp, Oslo

2011 Adjdød, Dortmund Bodega, Oslo

2011 Souls Grown Deep, Åpent Studio, Oslo

2010 Could we be heroes, Galleri UKS, Oslo

2010 Isn't it funny how falling feels like flying, Galleri Podium, Oslo

2009 Death To Everyone, Skulpturarena øst, Oslo

2009 Death To Everyone too, Mentmore Projects, London

Selected Group exhibitions

2015 Tilfældet Oslo, Ringsted Galleriet, København

2015 Duo-exhibition with Richard Schur, Kristin Hjellegjerde Gallery, London

2014 Shattered Preface, Curated by Peter Amdam, OSL Contemporary, Oslo

2014 ART galleri, Kuratert av Knut Blomstrøm, Sandefjord

2014 Fluxus autonomus, Hvitsten-salong, Hvitsten

2013 The City is Empty, Curated By Kristian Skylstad, Kronika, Poland

2013 Group show, Galleri Ismene, Trondheim, Norway

2013 Raw and Order, w/M. Faldbakken, B. Sæthre, J. Lyche, J. Hoff and M. Zamecznik, Lynx, Oslo
2013 "3", with Arild Tveito and Ivan Tostrup, Galleri Grand, Arendal
2013 The Gadering, GAD, Oslo
2013 !Works, Studio Døsen, Oslo
2013 Curated by Kristian Skylstad, Transformer Gallery, Washington D.C.
2012 The Armory Show, New York with Galleri Christian Torp, Oslo
2011 Calma Maria Magdalena, 18th Street Arts Centre, Santa Monica, California
2011 Chris Bould Presents The Goodbye Gallery, Fritzøe verk, Larvik
2011 Friendship w/ M. Faldbakken and G. E. Einarsson. Curated by Peter Amdam, Carl Costyal, London
2011 Graduation show, Statens Kunstakademi, Stenersenmuseet, Oslo
2011 Word Perfect, NoPlace, Oslo
2011 Slumdogs Not Millionaires, NoPlace, Oslo
2011 Sublime, Galleri UKS, Oslo
2011 Spikern i kista, Podium, Oslo
2011 Showcase, Galleri Christian Torp, Oslo
2010 Svarteste Natta i Manns Minne, Podium, Oslo
2010 Zooted, Dueslaget, Oslo
2010 The Sanity of Art, Johan Berggren Gallery, Malmö
2010 High and Luv, Tjuvholmen, Oslo
2010 Silvertrain, Willy Wonka, Oslo
2009 Sympathy for the Devil, Museet for samtidskunst, Curated by Henrik Plenge, Oslo
2009 Curated By Ben Allal, Prosjektoriet, Oslo
2009 From Hindukush to Jotunheimen, Galleri Annen Etage, Oslo
2008 The System, galleri 21:25, Oslo
2007 Performance, Willy Wonka, Oslo

Blogs

2010 <http://hindukush-jotunheimen.blogspot.no>, with Arild Tveito

Workshops

2014 Guest professor at HFBK, University of Fine Arts of Hamburg, Germany
2006 Stephan Dilleuth – Kristianiabohemen, Oslo

Music

2003 Work in Process, LP Acetate

Publications

2013 "Røffe strøk", April 12th, D2 (Dagens Næringsliv) 2012 "Atelierbesøk", KUNSTforum, nr.3
2012 KUNSTforum, nr.1
2012 Smug, #5
2011 "Ett verk", Billedkunst, nr.7
2007 Sniart, #3, Stockholm

Reviews

2014 "Shattered Preface", Kjetil Røed, Billedkunst nr. 3
2013: "Tilfældet Oslo", <http://www.kunstkritikk.no/artikler/tilfaeldet-oslo>, Henrik Plenge Jakobsen, Kunstkritikk
2013 Patricia Tvester "Svaret ligger i overflaten", KUNSTforum
<http://www.kunstforum.as/2013/11/svaret-finnes-pa-overflaten>
2013 Tommy Olsson "En ny dag truer" November 1st, Morgenbladet, Oslo
2011 Stian Gabrielsen "Betraktning som avstraffelse", Kunstkritikk
<http://www.kunstkritikk.no/kritikk/betraktning-som-avstraffelse>

Residencies

2015 Hooper Projects, LA, California
2014 Cité internationale des Arts, Paris

Grants

2014 Two year state funded studio, Frysja, Kulturetaten, Oslo
2014 One year working grant, BKV, Norway
2013 Production support, Art Council Norway
2013 One year Norwegian State working grant, Norway
2013 Artist grant, Langaards stiftelse, Norway
2012 One year working grant, BKV, Norway
2011 Production support, NBK, Norway
2011 Graduation Prize, BKH, Norway
2010 Graduation Prize, BKH, Norway